



*REFLECTIONS OF THE YOUNG LADIES
OF THE ALWAYS ON
SATURDAY PROGRAM*





LIFE IS LIKE A
BASKETBALL COURT
YOU RUN DOWN THE
COURT
MAKE THE BASKET
AND WIN THE GAME

Safari

Years in Program:

5



Gilendy

Years in Program:

8

*WHEN YOU CAN NO LONGER
SEE WITH YOUR EYES
YOU CAN ALWAYS FEEL IT
INSIDE YOUR HEART
SOMETIMES BEING BLIND
CAN BE YOUR FAVORITE PART
YOU ONLY SEE WHAT YOU
WANT
LEAVE THE PAIN BUILT UP
INSIDE
SMILE THROUGH THE
DIFFICULT TIMES AND KEEP
YOUR HEAD UP HIGH
JUST HANG IN THERE THE
FIGHT IS
ALWAYS WORTH THE WILD
LIVE, LAUGH, AND CHERISH
THE MOMENTS*



Michelle

Years in Program:

7

ALWAYS ON SATURDAY IS WHERE YOU COME AND LEARN KNEW THINGS LIKE HOW TO KEEP YOUR BODY CLEAN OR BIRTH CONTROL. EVERY YEAR THERE COMES A TIME TO SAY GOODBYE IT'S NOT FOREVER JUST TILL THE PROGRAM RESTARTS. WE LEARN A LOT EVERY TIME WE COME BUT WE ALWAYS HAVE TO SAY THANKS TO THE PEOPLE WHO NEVER FAILED US. THIS PROGRAM HAS TAUGHT ME TO STAND UP FOR WHAT I BELIEVE IN EVEN IF IT MEANS STANDING ALONE. PUT YOUR DREAMS FIRST AND LIKE MISS. LUCINDA SAID, "DON'T GET PREGNANT" AND NEVER RUSH INTO THINGS THE MEMORIES WE SHARE WILL ALWAYS BE IN OUR HEARTS TO LOVE AND CHERISH.



LOVE AND MEMORIES

LOVE IS A COMMON WORD
WHEN YOU REALLY MEAN IT
MEMORIES ARE SAD AND
HAPPY
MEMORIES ARE GOOD AND
BAD
I CARE FOR AND LOVE ALL MY
YOUTH

Jasmin

Adult Advisor

Years in Program:

8



Damari

Years in Program:

1

FAMILY IS IMPORTANT. I
CARE FOR THEM.
ART IS IMPORTANT. I
LIKE IT A LOT.
ANIMALS ARE IMPOR-
TANT BECAUSE THEY
ARE
ENDANGERED.
FRIENDS ARE
IMPORTANT BECAUSE
THEY ARE A PART OF MY
LIFE.
I AM IMPORTANT
BECAUSE I LOOK AFTER
MYSELF WHEN MY
FAMILY ISN'T AROUND.



the truth can

HURT

but in the

LONG RUN lies

HuRt MORE

Nina

Years in Program:

3

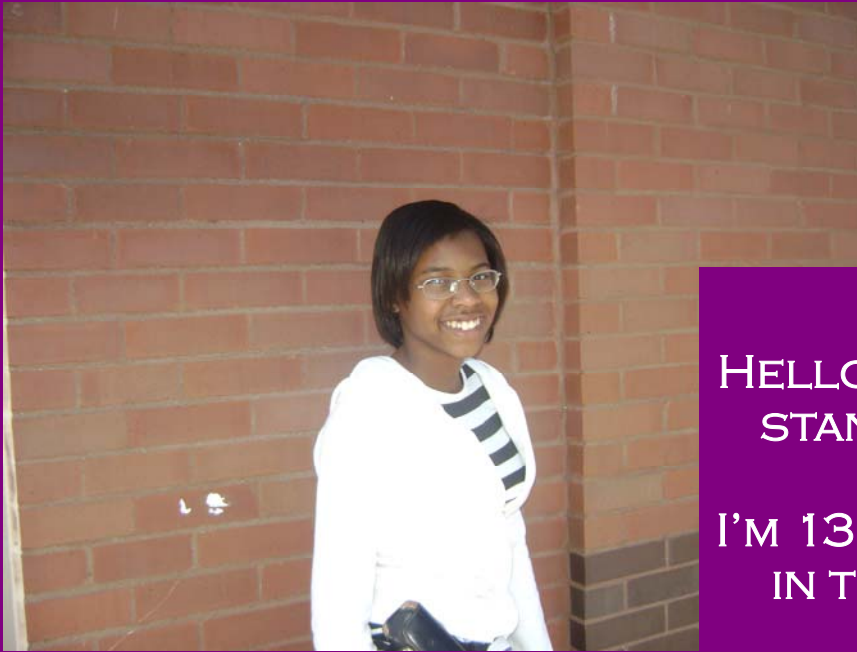


*Doing your best is the good
things to do
Not doing your best is the
worst thing to do
When it comes to school find
the brightness in you
Don't bring out the darkness
because you'll regret it
Stay nice and you'll make it
through life*

Cuyler

Years in Program:

3



Ta'Kye

Years in Program:

5

HELLO MY NAME IS TA'KYE (IT
STAND FOR THE CHINESE
WATER FALL)

I'M 13 YEARS OLD , I'VE BEEN
IN THIS PROGRAM FOR 7
YEARS

MY FAVORITE SPORTS IS
BASKETBALL BECAUSE I LOVE
TO RUN AND JUST SHOOT
AROUND TO PRACTICE FOR
GAMES

THIS PROGRAM CAN GET ME
SOMEWHERE IN LIFE.

NOW I CAN TELL ALL THESE
YOUNG LITTLE KIDS NOT TO
HAVE SEX SO EARLY NOW A
DAY TO BOYS THAT YOU DON'T
KNOW BECAUSE YOU DON'T
KNOW IF THAT PERSON HAVE
HIV OR HERBS.



LIVING YOUR LIFE AND
FULFILLING ALL YOUR
DREAMS
ARE YOUR GREATEST
ACHIEVEMENTS

Tyra

Years in Program:

5



Kennadi

Years in Program:

1

Live YOU'RE Life,
CHERISH the Moment,
And LOVE the PEOPLE
who TREAT you
RIGHT!

I have been here for 1
Year
and had a great time.



Lucinda

**Artists Collective
Girls Facilitator**

**Years in Program:
14**

**POEM FOR THE YOUNG
LADIES OF THE ALWAYS ON
SATURDAY**

SO YOUNG AND BRAVE
BEAUTIFUL AND SMART
MAKING YOUR WAY THROUGH
LIFE
BOYS, PUPPY LOVE, FIRST
DATES
LEAVING YOUNG FEMALES
WITH HARD CHOICES TO
MAKE
FEELING LIKE YOU CAN
WHEN OTHERS THINK YOU
CAN'T
I KNOW IN MY HEART YOU
WILL NEVER GIVE UP
ALWAYS BELIEVE IN THE
POSSIBILITIES
AND I WILL ALWAYS BE THERE
FOR YOU.